

Child and Young Person ADHD Assessment Guide

Contents

- Pre-Assessment Questionnaires
- The Assessment
- Report & Confirmation Letter
- Internet and Device Requirements
- Joining Your Appointments



SEIK Psychiatry

12th Floor, Broadgate Tower,
20 Primrose St,
London
EC2A 2EW

02080810837

Pre-assessment Questionnaires

1. Questionnaires Sent After Payment:

- Once you pay for the assessment, you'll receive pre-assessment questionnaires by email.
- Parent/guardian and child questionnaires need to be completed within 3 days. If you need more time, don't worry, just let us know.
- You can complete yours and your child's on the portal.
- Send the email with the school questionnaire link(s) directly to them to complete.
- School Questionnaires often take longer, so please encourage the school to return them promptly to ensure the assessment can proceed as planned.
- The assessment cannot go ahead without the questionnaires returned. Check our cancellation and rescheduling policy for charges.

2. Reminders:

- You'll get reminders for missing questionnaires 7 days before your appointment.
- Check your email for reminders and follow the instructions provided.

3. Device Recommendation:

- Use a laptop or tablet, not a phone, for better experience and accuracy.

The Assessment

1. Part 1 – Psychologist Session:

- **Focus:** ADHD symptoms in childhood.
- **Format:** Mostly yes/no questions to standardise symptom information.
- **Duration:** Approximately 90 minutes (additional charges if it exceeds the time).
- **Attendance:** Both the child and their parent/guardian should join.

2. Part 2 – Psychiatrist Session:

- **Focus:** Comprehensive psychiatric assessment to rule out other conditions, covering developmental, medical, and family history.
- **Goal:** Conclude the assessment and provide recommendations for ongoing support.
- **Duration:** Around 45 minutes to 1 hour (additional charges if it exceeds the time).
- **Attendance:** Both the child and their parent/guardian should join. You or your child may find it helpful to have some time alone with the psychiatrist to talk freely about their challenges.

The Assessment - continued

3. Part 3 – Follow Up Session:

- **Focus:** Discuss recommendations for school and additional support.
- **Duration:** 30 minutes.
- **Attendance:** Younger children may not benefit from attending this appointment. Ask the psychiatrist if you're unsure.

Report & Confirmation Letter

- **Report Content:** Overview of psychologist and psychiatry assessment, outcome of your assessment, and any recommendations discussed.
- **Confirmation Letter Content:** Provided only when a diagnosis is reached and states the diagnosis given, and recommendations provided.
- **Timeframe:** Sent 2-3 weeks after your assessment has completed.

Internet and Device Requirements

- **Good Internet Connection:** Essential for smooth remote sessions.
- **Device:** Use a larger device like a laptop or tablet for the best experience.

Joining Your Appointments

- **Zoom Link:** You'll receive a zoom link within 24 hours of each appointment.
- **Attire:** Wear comfortable, appropriate clothing, as you and your child would for an in-person appointment.
- **Lighting:** Ensure you are in a well-lit area where your faces are clearly visible. Avoid sitting with a light source directly behind you.
- **Minimise Distractions:** Close any unrelated apps or tabs on your device and put your phone on silent.

Additional Support & Contact

Questions or Concerns?: Don't hesitate to reach out to us for assistance.

Phone: 020 8087 0831

Email: admin@seikpsychiatry.com

Opening Times:

Monday 09:00 - 15:00

Tuesday 09:00 - 15:00

Wednesday 09:00 - 15:00

Thursday 09:00 - 12:00

Friday: 09:00 - 15:00

